

Sri Chinmoy 5K Race

Battersea Park, London

5 June 2017

RAPID RABBIT 5K



**SRI CHINMOY
MARATHON TEAM**



WINNERS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE
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Men U/50

1	Jonathan	Poole	Serpentine	M	00:15:05	34
2	Benjamin	Toomer	Hercules Wimbledon	M	00:15:12	28
3	Xavier	Gruot	Serpentine	M	00:16:00	33
4	Jim	Allchin	Thames Hare & Hounds	M	00:16:01	31
5	Martin	Shore	Thames Hare & Hounds	M	00:16:15	41
6	Hugh	Torry	Serpentine	M	00:16:25	38
7	Simon	Molden	Thames Hare and Hounds	M	00:16:30	40

Women U/50

1	Rachel	Baker	Clapham Chasers	F	00:18:22	27
2	Heidi	Marks	Clapham Chasers	F	00:19:22	30
3	Eileen	Brandley	Hercules Wimbledon	F	00:20:14	26
4	Jennifer	Wing	London Heathside	F	00:20:16	25
5	Michelle	Edye	Clapham Chasers	F	00:20:35	31
6	Cheryl	Evans	Victoria Park H	F	00:20:41	29
7	Laura	Vincent	Dulwich RC	F	00:21:45	34

Men Vet 50

1	Peter	Mannion	Windle Valley H	M	00:18:26	55
2	Pete	Crockford	London Heathside	M	00:18:35	59
3	thomas	cheetham	hercules wimbledon ac	M	00:19:46	50

Women Vet 50

1	Helen	Smith	Fetch Everyone	F	00:22:35	50
2	Elaine	BATTSON	Victoria Park Harriers & Tower Han	F	00:23:38	51
3	Carole	Wisdom	Serpentine	F	00:28:10	59

Men Vet 60

1	David	Hallson	RRC	M	00:23:46	64
2	Tony	Austin	Hercules Wimbledon	M	00:23:48	62

Women Vet 60

1	Phil	Kelvin	Serpentine	F	00:27:03	65
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Men Vet 70

1	Pete	Warren	Ranelagh Harriers	M	00:27:04	77
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Men Under 16

1	Caspar	Griffin	Belgrave	M	00:18:15	14
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ALL RESULTS BELOW

"Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>"

RESULTS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE	CATEGORY	CAT. POS.
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1	Jonathan	Poole	Serpentine	M	00:15:05	34	M U/50	1
2	Benjamin	Toomer	Hercules Wimbledon	M	00:15:12	28	M U/50	2
3	Xavier	Gruot	Serpentine	M	00:16:00	33	M U/50	3
4	Jim	Allchin	Thames Hare & Hounds	M	00:16:01	31	M U/50	4
5	Martin	Shore	Thames Hare & Hounds	M	00:16:15	41	M U/50	5
6	Hugh	Torry	Serpentine	M	00:16:25	38	M U/50	6
7	Simon	Molden	Thames Hare and Hounds	M	00:16:30	40	M U/50	7
8	Matthew	Iceton		M	00:16:35	24	M U/50	8

9	Martin	Rutter	Clapham Chasers	M	00:16:41	35	M U/50	9
10	carlos	casal perez	London Heathside Runners	M	00:16:45	41	M U/50	10
11	Luke	Davis	Clapham Chasers	M	00:16:47	35	M U/50	11
12	Rob	Seymour		M	00:16:49	27	M U/50	12
13	Timothy	Lawrence	kent ac	M	00:16:49	35	M U/50	13
14	Andrew	Cumine		M	00:16:52	36	M U/50	14
15	Sam	Cornforth	Springfield Striders	M	00:16:54	24	M U/50	15
16	Robert	Tuer	Hercules Wimbledon	M	00:16:55	31	M U/50	16
17	Peter	Wooldridge	Serpentine	M	00:16:56	28	M U/50	18
18	Andrew	Snook	Stragglers	M	00:16:56	36	M U/50	17
19	Duncan	Lawrence	Fulham RC	M	00:17:05	29	M U/50	19
20	Robert	Wilcox	the stragglers rc	M	00:17:10	25	M U/50	20
21	James	Gillanders	Serpentine	M	00:17:13	39	M U/50	21
22	Myles	Preston	Mornington Chasers	M	00:17:17	31	M U/50	22
23	Daniel	Johns	London Heathside	M	00:17:18	40	M U/50	23
24	Stewart	McAndie	Fulham Running Club	M	00:17:29	43	M U/50	24
25	Tom	Rann	Milocarian AC	M	00:17:35	29	M U/50	25
26	Tom	Parmiter		M	00:17:37	31	M U/50	26
27	Paul	Hunt	Clapham Chasers	M	00:17:44	36	M U/50	27
28	Alex	Hoggard		M	00:17:44	25	M U/50	28
29	David	Kelly	Higham H	M	00:17:46	48	M U/50	29
30	James	Greene	Swansea Trotters	M	00:17:50	26	M U/50	30
31	Paul	O'Neill	Clapham Chasers	M	00:17:52	38	M U/50	31
32	paul	sterland	Clapham Chasers	M	00:17:56	45	M U/50	32
33	Ben	Pickford	Bishops Stortford Running Club	M	00:18:00	37	M U/50	33
34	Andrew	Davies	Hercules Wimbledon	M	00:18:02	43	M U/50	34
35	Conor	Byers		M	00:18:03	19	M U/50	35
36	Gary	James		M	00:18:04	39	M U/50	36
37	Jonathan	Moscrop	Serpentine	M	00:18:05	43	M U/50	37
38	Alex	Martin		M	00:18:06	26	M U/50	38
39	Jonathan	Vintner	Blackheath and Bromley Harriers	M	00:18:09	28	M U/50	39
40	Byron	McKinney	Tiverton H	M	00:18:10	42	M U/50	40
41	James	Hampshire	Fulham RC	M	00:18:10	37	M U/50	41
42	Jacob	Howe	London Heathside Runners	M	00:18:12	44	M U/50	42
43	Caspar	Griffin	Belgrave	M	00:18:15	14	M U/16	1
44	Jose	Pabon	Ealing Eagles	M	00:18:16	34	M U/50	43
45	Stewart	Fraser		M	00:18:17	27	M U/50	44
46	Robert	Whitmarsh	Serpentine	M	00:18:19	35	M U/50	45
47	Richard	Cherrett	Victoria Park Harriers & Tower Han	M	00:18:19	39	M U/50	46
48	Stephen	Webb	Clapham Chasers	M	00:18:20	28	M U/50	47
49	Martin	Carmack	Serpentine	M	00:18:20	47	M U/50	48
50	Rachel	Baker	Clapham Chasers	F	00:18:22	27	W U/50	1
51	Richard	Carter	the stragglers	M	00:18:25	41	M U/50	49
52	Peter	Mannion	Windle Valley H	M	00:18:26	55	M Vet 50	1
53	Luke	Stevenson		M	00:18:35	33	M U/50	50
54	Doug	Rendle	London Heathside Runners	M	00:18:35	38	M U/50	51
55	Pete	Crockford	London Heathside	M	00:18:35	59	M Vet 50	2
56	John	Mehrzad	Mornington Chasers	M	00:18:45	38	M U/50	52
57	Russell	Tew	Clapham Chasers	M	00:18:55	38	M U/50	53
58	Graham	Sutherland	Clapham Chasers	M	00:18:56	40	M U/50	54
59	Cormac	Toomey	Clapham Chasers	M	00:19:03	35	M U/50	55
60	Stephen	Campbell	Serpentine	M	00:19:05	48	M U/50	56
61	Steven	Jones	Swansea Trotters	M	00:19:10	27	M U/50	57
62	Will	Parry	London Fronrunners	M	00:19:11	48	M U/50	58
63	Simon	Woodley	hercules wimbledon ac	M	00:19:12	41	M U/50	59
64	Matty	Hassan		M	00:19:14	37	M U/50	60
65	Nick	Goodfellow	Team Littleton	M	00:19:20	36	M U/50	61
66	Heidi	Marks	Clapham Chasers	F	00:19:22	30	W U/50	2
67	James	Hamilton	Wimbledon Windmillers	M	00:19:26	43	M U/50	62
68	Nick	Hoyle	Clapham Chasers	M	00:19:33	48	M U/50	63
69	David	Miller		M	00:19:34	34	M U/50	64
70	Neal	Pal	Southville rc	M	00:19:34	37	M U/50	65
71	thomas	cheetham	hercules wimbledon ac	M	00:19:46	50	M Vet 50	3
72	Shaun	Melvin	West4Harriers	M	00:19:47	33	M U/50	66
73	Daniel	Day	Datchet Dashers	M	00:19:56	36	M U/50	67
74	Nigel	Cutts	Clapham Chasers	M	00:19:58	39	M U/50	68

75	Darren	Hyatt		M	00:20:04	32	M U/50	69
76	Mat	Barber	kent ac	M	00:20:09	39	M U/50	70
77	Tom	Vale	York Acorn AC	M	00:20:12	40	M U/50	71
78	Paul	Lewis		M	00:20:13	40	M U/50	72
79	Eileen	Brandley	Hercules Wimbledon	F	00:20:14	26	W U/50	3
80	Kenneth	McCallum	Serpentine	M	00:20:15	46	M U/50	73
81	Jennifer	Wing	London Heathside	F	00:20:16	25	W U/50	4
82	Peter	Bowles	Serpentine	M	00:20:21	47	M U/50	74
83	Patrick	Downs		M	00:20:21	27	M U/50	75
84	Jamie	Young	Clapham Chasers	M	00:20:31	29	M U/50	76
85	Michelle	Edye	Clapham Chasers	F	00:20:35	31	W U/50	5
86	Kevin	Smith	Clapham Chasers	M	00:20:36	32	M U/50	77
87	Lee	Kyumin		M	00:20:40	14	M U/16	2
88	Cheryl	Evans	Victoria Park H	F	00:20:41	29	W U/50	6
89	Neil	Colquhoun	London Fronrunners	M	00:20:50	40	M U/50	78
90	Simon	Rider	Knaresborough Striders	M	00:20:53	43	M U/50	79
91	Myles	Hanson-Vaux		M	00:21:01	26	M U/50	80
92	Bob	Chart	Collingwood AC	M	00:21:04	52	M Vet 50	4
93	Alan	Wilkinson		M	00:21:14	57	M Vet 50	5
94	William	Johnson		M	00:21:16	37	M U/50	81
95	Ciaran	Weldon	Watford harriers	M	00:21:19	47	M U/50	82
96	Frank	Wood	Hercules Wimbledon	M	00:21:25	52	M Vet 50	6
97	Gavin	Mansfield	Team Littleton	M	00:21:33	48	M U/50	83
98	Laura	Vincent	Dulwich RC	F	00:21:45	34	W U/50	7
99	Joseph	Bryan	Team Littleton	M	00:21:54	27	M U/50	84
100	Sam	Burne James	Clapham Chasers	M	00:22:13	28	M U/50	85
101	Kevin	Hooker		M	00:22:15	36	M U/50	86
102	Hein	Mante		M	00:22:20	17	M U/50	87
103	Richey	Estcourt	Dartford Road Runners	M	00:22:22	40	M U/50	88
104	Steven	Jones		M	00:22:24	37	M U/50	89
105	Tom	Morris	Hercules Wimbledon	M	00:22:33	59	M Vet 50	7
106	Helen	Smith	Fetch Everyone	F	00:22:35	50	W Vet 50	1
107	Derek	Clark	London Fronrunners	M	00:22:36	49	M U/50	90
108	Jamie	Price		M	00:22:36	40	M U/50	91
109	Dylan	Brooks-Jones		M	00:22:47	26	M U/50	92
110	Katherine	Elmore-Jones	Fulham RC	F	00:23:21	40	W U/50	8
111	Colin	Armstrong		M	00:23:21	36	M U/50	93
112	Elaine	BATTSON	Victoria Park Harriers & Tower Hamlets	F	00:23:38	51	W Vet 50	2
113	David	Hallson	RRC	M	00:23:46	64	M Vet 60	1
114	Tony	Austin	Hercules Wimbledon	M	00:23:48	62	M Vet 60	2
115	David	Tang	London Fronrunners	M	00:23:49	47	M U/50	94
116	Simon	Hemsley	Clapham Chasers	M	00:23:56	44	M U/50	95
117	John	Whitaker		M	00:24:05	29	M U/50	96
118	Dawn	Brooks		F	00:24:08	25	W U/50	9
119	Alyssa	Downs		F	00:24:12	26	W U/50	10
120	Steven	Prentice		M	00:24:20	27	M U/50	97
121	Robert	Biddulph		M	00:24:23	22	M U/50	98
122	Matt	Freake	Vegan Runners	M	00:24:27	45	M U/50	99
123	Mark	Shotton	Wimbledon Windmillers	M	00:24:40	41	M U/50	100
124	Anthony	Alleyne		M	00:24:52	46	M U/50	101
125	Andrew	McNamara	GYDAC	M	00:24:56	34	M U/50	102
126	Ian	Hall	Serpentine	M	00:25:03	64	M Vet 60	3
127	Marc	Delehanty	Team Littleton	M	00:25:18	33	M U/50	103
128	John	Grigg	Fulham Running Club	M	00:25:24	63	M Vet 60	4
129	Kim	Toomer		M	00:25:35	59	M Vet 50	8
130	Stephen	Walker		M	00:25:59	45	M U/50	104
131	Harry	Wilkinson		M	00:26:00	25	M U/50	105
132	Alexandra	Magub	Serpentine RC	F	00:26:06	27	W U/50	11
133	Judith	Clarkson	Fulham Running Club	F	00:26:24	45	W U/50	12
134	Philip	Logoreci	Clapham Chasers	M	00:26:47	61	M Vet 60	5
135	Molly	Stewart	Medway Tri	F	00:26:47	20	W U/50	13
136	Phil	Kelvin	Serpentine	F	00:27:03	65	W Vet 60	1
137	Pete	Warren	Ranelagh Harriers	M	00:27:04	77	M Vet 70	1
138	Alvaro	Perez		M	00:27:22	33	M U/50	106
139	Sharon	Erdman	Dulwich runners	F	00:27:31	46	W U/50	14
140	Nigel	Whiteoak	RunThrough	M	00:27:37	44	M U/50	107

141	Neil	Davies	26.2 Runners	M	00:27:51	52	M Vet 50	9
142	Carole	Wisdom	Serpentine	F	00:28:10	59	W Vet 50	3
143	Frances	Johnson		F	00:28:47	26	W U/50	15
144	Ursula	White		F	00:29:11	28	W U/50	16
145	Joe	Aspinall	Vets AC	M	00:29:27	79	M Vet 70	2
146	Nicola	Ryers		F	00:32:41	42	W U/50	17
147	Sonnee	Hilton		F	00:33:01	24	W U/50	18
148	Laure	Selle		F	00:33:11	38	W U/50	19
149	Sarah	Evans		F	00:33:12	46	W U/50	20
150	Richard	Wisdom	Serpentine	M	00:33:24	68	M Vet 60	6
151	Edwin	Bartlett	Vets AC	M	00:34:13	72	M Vet 70	3